# Jamison looks at depression, disorders

by Sara Toth Staff writer

Sometimes, it's more than just the blues. This week's lecture series will end with a look at manic depression and other mood disorders from a woman who knows both - on a professional and personal level.



K a y Redfield Jamison, a professor of psychiatry at the Johns Hopkins University School Medicine, will speak

on her book *An Unquiet Mind:* A Memoir of Moods and Madness at 10:45 a.m. today in the Amphitheater.

À mental health advocate since her time in college, Jamison received her bachelor's and master's degrees in clinical psychology from the University of California at Los Angeles, where she also received her doctorate. Her own battle with bipolar disorder fueled her work.

"When it's 2 a.m. and you're manic, even the UCLA medical center has a certain appeal," Jamison said, in a 2002 talk delivered at the University of Virginia. "I was on the run. Not just on the run, but fast and furious on the run, darting back and forth across the hospital parking lot trying to use up a boundless, restless manic energy. I was running fast, but slowly going mad."

See **JAMISON**, Page A4

# Come and Com



# 'Friday night and the lights are low' as ABBA tribute band rocks Amphitheater

by Elise Podhajsky Staff writer

When Camilla Hedrén was 10 years old, her membership to the ABBA fan club earned her an invitation to be in the Swedish pop group's music video, "Thank You for the Music." Halfway

and in the

mind/

re-

body

through the video, the camera pans to a young, blonde girl standing in the crowd, singing along with lead vocalist Agnetha Fältskog. Now, almost 30 years later, that same girl is performing as Fältskog in the world's top ABBA tribute band.

At 8:15 p.m. tonight in the Amphitheater, Chautaugua Institution will receive a treat in the form of sequins, spandex, polyester and platforms. Hedrén's internationally accredited Swedish tribute band, Waterloo, will present "ABBA: The Music" — an evening filled with authentic music from the 1970s pop group.

Former roommates Hedrén and Katja Nord, who performs as Anni-Frid Lyngstad, founded

Waterloo in 1996. The two met at age 18 while working in a hospital. They moved in together to save a little money and discovered they shared two loves in life: singing and listening to ABBA. Hedrén and Nord remained close friends and sang together in several groups until the mid-90s, when they noticed the 1970s fashion of their childhoods making a comeback. The duo commonly received comments on how similar their vocal style was to ABBA's, and they thought if people still like the fashion, they will still like the music.

See **ABBA**, Page A4

# Newberg explores frontiers of brain, religion, mystical experiences

by Judy Lawrence Staff writer

Today's afternoon Department of Religion Interfaith lecturer is again from the field of medicine, but this time in radiology and psychiatry. Dr. Andrew Newberg is an associate professor in these specialties at the Hospital of the University of Pennsylvania, where he is also a staff physician in nuclear medicine. He will speak at 2 p.m. in the Hall of Philosophy. The title of his lecture is also the title of his recent book, How God Changes Your Brain.

Newberg has been especially interested in the study of mystical and religious ex-



Newberg

lationship in general. Much of research focuses

the relationship between brain function and various mystical and religious experiences.

Newberg plans to discuss some of the background on the research he conducted over the past 15 years; research on how the brain and religious experience are related, and how various practices change people and their brains over

periences time. What parts of the brain are stimulated? What parts are turned off? And how does it make you different?

> "What a lot of the data is showing is that it really does have an impact on who you are and how your brain works," he said. Some of the original work

> showed what happens when individuals meditate or pray. More recent work in this area looks at how this changes people over the long run. What the data shows is that there are longterm effects on the brain, Newberg said.

> Just as there is a negative and a positive side to most things, the same applies to religious and spiritual prac

tices, he said. Some practices are based on compassion and understanding, while other belief systems are based on a sense of an angry God who excludes and punishes. Practices and beliefs based on the positive have a different impact than those based on negative beliefs.

Newberg will talk about how to foster compassionate traits and how religion and spirituality can help. He will look at whether we can or how we can utilize the practices that foster compassion and understanding but not the more negative effects.

An accomplished author, researcher, teacher and physician, Newberg's most recent books also include Born to Believe: God, Science and the Origin of Ordinary and Extraordinary Beliefs. He has also coauthored the best-selling Why God Won't Go Away: Brain Science and the Biology of Belief and The Mystical Mind: Probing the Biology of Religious Experience.

These two books explore the relationship between neuroscience and spiritual experience. The latter received the Award for Outstanding Books in Theology and the Natural Sciences in 2000.

Director of the University of Pennsylvania Center for Spirituality and the Mind, and an adjunct professor in the Department of Religious Studies at the University of meetings here.

Pennsylvania, Newberg has taught on stress management, spirituality and health and the neurophysiology of religious experience.

He has also presented his work at scientific and religious meetings and appeared on "Good Morning America," "Nightline," and "ABC World News."

Newberg was born and raised near Philadelphia, Pa., and said he "hasn't strayed very far physically." This will be his first trip to Chautauqua, though not his last. The Institute on Religion in an Age of Science, of which he is a member, has recently decided to hold its bi-annual

A group of golfers practice their technique at the Golf Learning Center on Wednesday afternoon. The center offers a variety of practice areas including ones for pitching and driving. STORY ON PAGE A8.

# **TODAY'S WEATHER**



**HIGH 72**° LOW 58° **RAIN: 30%** Isolated T-Storms

# SATURDAY









Swing like a pro

Golf Learning Center offers lessons to golfers of every level and age PAGE **A8** 



Red vs. Blue Boys' and Girls' Club Water Olympics makes a splash PAGE **B1** 



# En vogue

Stainless steel handbag designer talks about her work PAGE **B7** 



NEWS FROM AROUND THE GROUNDS

The Briefly column appears on Page 2 daily and is intended to provide space for announcements of Institution-related organizations. If a meeting or activity is featured that day in a story, it should not be repeated in **Briefly**. Submit information to Priscilla in the editorial office. Please provide name of organization, time and place of meeting and a contact person's name with phone number. Deadline is 5 p.m. four days before publication.

### BTG holds Nature Walk today

Naturalist Jack Gulvin will lead a Nature Walk sponsored by the Bird, Tree & Garden Club at 9 a.m. today. Meet under the green awning toward the lake side of Smith Wilkes Hall.

### CLSC Alumni Association holds planning meeting

The Future Planning Committee of the CLSC Alumni Association will meet from 9:15 a.m. to 10:15 a.m. today on the Alumni Hall porch. Any alumnus/alumna with ideas to share about future programs or ideas for the Alumni Association is welcome.

### Historic CLSC banners on display

The Banner Committee of the CLSC Alumni Association will hold an "Open House" at the Oliver Archives Center Banner Room from 12:30 p.m. to 2 p.m. today. Follow the signs to the back of the building. Don't miss this opportunity to view some of our historic banners, and see how we are caring for our history.

### CWC offers Mah Jongg for members

The Chautauqua Women's Club invites members to meet at 1:30 p.m. today at the Clubhouse for an afternoon playing Mah Jongg. Bring your set if possible; cards are available at Chautauqua Bookstore. Memberships available at the door.

### CLSC Class of 1987 hosts Literary Tea

The CLSC Alumni Association's first Literary Tea of the 2009 Season will be held at 3 p.m. today in Alumni Hall. This tea is hosted by the Class of 1987 and honors the poet John Ciardi. Tickets are still available at Alumni Hall for \$10.

### Jammers players to hold free baseball clinic

Players from the Jamestown Jammers, a Class A minor league affiliate of the Florida Marlins, will offer a free baseball clinic from 9 a.m. to 11 a.m. Saturday at Sharpe Field. Any interested youth between ages 8 and 12 are invited to attend. Bring your glove and a water bottle.

## Chautauqua accepts non-perishable food

Chautauquans can dispose of their sealed, non-perishable foods, such as boxed and canned items, in the goldpapered carton on the floor inside the north entrance of the Post Office. The Mayville Food Pantry makes the food available to needy individuals and families in the Chautauqua Central School District. For more information contact Lou Wineman at (716) 357-5015.

# **CLSC** needs volunteers for Great American Picnic

All classes may sign up to volunteer for the Great American Picnic, which will be held from noon to 3 p.m. Sunday. The rain date is July 26. Sign up in Alumni Hall. Volunteers are still needed. Any questions? Call Ellen at 753-7170.

# Humanities fund sponsors today's Jamison lecture

The National Endowment for the Humanities Fund, an endowment of the Chautauqua Foundation, provides funding for today's 10:45 a.m. lecture. Kay Redfield Jamison, professor of psychiatry at Johns Hopkins University School of Medicine, will speak.

This fund was created through an award to the Chautauqua Foundation in 1980 as part of the Second Century Campaign.

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# Bulletin BOARD

The Bulletin Board is available to volunteer organizations who are at Chautauqua but are not one of the Institution's official organizations and do not have access to the Institution's usual promotional vehicles. Listing in the community **Bulletin Board** is limited to event (speaker), date, time, location, sponsor and cost, if there is one. The **Bulletin Board** will be published whenever there is a listing.

The cost for each listing is \$5, or three listings for \$10. Submissions to the **Bulletin Board** should go to the Daily Business Office in Kellogg Hall.

Event	Title / Speaker	Date	Time	Location	Sponsor
Brown Bag & Talk	"Understanding My Transgender Life," Helen Waldher	Today	12:15 to 1:30 p.m.	Chautauqua Women's Club	Chautauqua Chapter of Parents, Families & Friends of Lesbians and Gays



### **SLUGGING THOSE CHEETAHS**

Photos by Katie Roupe

Above, a team member of the Slugs runs safely home while a member of the Slamming Cheetahs tries to tag him out. Below, a member of the Slugs softball team hits a first base run during the game last Friday. The Slugs won the game, 9-4.



# Time Warner Cable exclusive sponsor of ABBA, the Music

Time Warner Cable is proud to be the exclusive sponsor of ABBA, The Music tonight at Chautauqua Institution. As a creator of the arts, it is Time Warner's corporate goal to promote local artists and producers of the arts.

"Time Warner Cable is excited to once again be a part of the great tradition of arts and culture at the Chautauqua Institution. This is a gem of a resource here in Western New York that we are proud to support. This year the schedule is full of exceptional lecturers and entertainers. We hope everyone has the opportunity to enjoy at least one of these milestone events," said Robin L. Wolfgang, vice president of public affairs and government affairs for Time Warner Cable, WNY Division.

Locally, Time Warner Cable serves its customers through the delivery of three telecommunications products including digital home phone, high-speed Internet and video services and has 1,800 local employees throughout Western New York. Time Warner Cable SportsNet offers customers a window to the world of high school and college sports and can only be found on cable. New this year, Time Warner Cable launched "Your News Now Buffalo," the area's first and only 24-hour local news channel providing news, weather and sports.

In addition, Time Warner Cable gives back to Western New York's not-for-profit organizations by offering financial support and inkind donations. In 2008, the company donated more than \$2 million to 105 area charities specifically targeting the arts, children and education. Time Warner Cable also recognizes outstanding community minded individuals who make a difference through its Time Warner Cable WNY Heroes Awards. For more information about Time Warner Cable services, products or to find out how it makes a difference in Western New York, please visit www.timewarnercable.com/wny.

# Friday at the Movies

Cinema for Fri., July 17

**EVERY LITTLE STEP** (PG-13) 6:00 96 min. "Tracing A Chorus Line from its creation in 1974 by Michael Bennett and his dance ers to its 2006 Broadway revival Every Little Step is a thrilling combination of documentary and nusical dazzler." *-Peter Travers* R*olling Stone* "Life imitates art, art reflects life, and the distinctions threaten, quite pleasantly, to blur altogether. -A.O. Scott, New York Times "It's a can't-miss effort that knows how to please." -Kenneth Turan, Los Angeles Times

**GRAN TORINO** (R) **8:10** 166 min. **Clint Eastwood** tells the story of racist, grizzled Korean War veteran Walt Kowalski and his reluctant friendship with a Hmong teenage boy and his immigrant family. "It's about the belated flowering of a man's better nature. And it's about Americans of different races growing more open to one another in the new century "Caps Eastwood's Roger Ebert career as both a director and an actor with his portrayal of a heroically redeemed bigot of such humanity and luminosity as to exhaust my supply of superlatives." *Andrew* Sarris, New York Observer

# Lost and Found

A lost-and-found office is located next to the Farmers' Market, south of the Main Gate Welcome Center (357-6314).



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# Fund supports Newberg's lecture

Jackson Religious Initiative

The Dr. William N. Jackson Religious Initiative Fund supports today's 2 p.m. lecture by Andrew B. Newberg, M.D., associate professor in the Department of Radiology and Psychiatry at the Hospital of the University of Pennsylvania and staff physician in nuclear medicine.

Friends of Jackson established The Jackson Fund in 1992 upon his retirement as director of Chautauqua's Department of Religion.





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# NEWS

# Oliver Archives, high school collaborators play history detectives

# The tale of the trunk presented today

by George Cooper Staff writer

During the 19th century, Chautauquans arrived on the grounds by steamship, their belongings packed tightly in a trunk — the kind of which turned up last winter in a Chautauqua cottage and were donated to the Oliver Archives by the Axtell family. From there, like the clothing within the trunk, a mystery unfolded. The results of that mystery, and the collaborators who researched it, will be presented at 3:30 p.m. today in the Athenaeum Hotel lobby.

Plain and simple: the trunk contained clothing. Not so simple was determining whether the clothing belonged to one person, or perhaps, the person who packed it and traveled to the grounds more than 100 years ago. Or, was the trunk a repository for various articles collected over years belonging to any number of different people?

Jon Schmitz, Chautauqua Institution archivist and historian, had an inkling of what the clothing represented, and he saw an educational opportunity.

Schmitz contacted the Chautauqua Lake Central School System. He was introduced to history teacher Mike Rohlin, and he also attracted

the attention of six students: Michael Parker, sixth grade; Leah Snyder, seventh grade; and Jane Wiggers, Jeremy Lesniowski, Allie Courtney and Mary Schmitz, eighth grade.

'We set this up as an internship," Schmitz said. "We had a job to do, and we hoped learning would occur as the job was completed."

The job included photographing and describing the clothes, then focusing on particular themes that the apparel suggested: tourism, travel and mourning customs.

Most of the clothes were black and invited research into the mourning rituals. In the Victorian and Edwardian periods, the rituals were quite strict and mourning attire might typically have been worn in public even while vacationing at Chautauqua for the summer.

Schmitz and his collaborators enjoyed assistance from Ms. Phoebe Forbes, a textile curator from the Fenton History Center in Jamestown, N.Y. Dating clothing involves knowing what was fashionable during a specific time period. More simply, it helps to know when it was made. Schmitz said this trunk of clothing was custom made, thus making it a little more difficult to date than if it were factory made.

And in terms of fashion, Schmitz said, "especially at a resort, fashion doesn't always apply." When on vacation, people might not always abide by the most current and popular styles.



This dress depicts the mourning rituals for the Victorian and Edwardian periods. The display of clothing from a trunk in a Chautauqua cottage can be seen at 3:30 p.m. today in the Athenaeum lobby.

# 25 'amazing' years of Highlights for Children Writers Workshops

by Sara Toth Staff writer

A workshop geared toward writing for children has grown up. This week marks the 25th year that the Highlights for Children Writers Workshop has been held on Chautauqua Institution grounds. And, like most parents watching their children grow older, the organizers of the workshop are proud — if not a little surprised — that their brainchild made it this far.

"I think 25 years of anything in this age is a big deal," said Christine French Clark, editor in chief of Highlights magazine and a former A lot of us had the feeling it

"I think events and products never recreate the dream of don't have the shelf life they once did. It's been amazing to watch this conference grow over the course of 25 years."

The workshop started as a dream of Kent L. Brown Jr., executive director of the Highlights Foundation. Initially met with skepticism, over the course of several years Brown saw his dream turn into a reality that, Clark said, "just gets better and better."

"We came there with 75 people and [had] no idea what to expect," Brown said. "It seemed to work. It was a magical experience, and we decided to do it the next year.

this whole thing that happened for a week.

"We found that we re-created it 24 times."

Now with about 35 faculty members and 100 writers enrolled this summer, the workshop has earned a reputation of being one of the premier children's writers' conferences in the country, in part because of the quality and 'accessibility" of the staff.

"Every time one of these conferees sit down for a meal, there is a faculty person there at their table," Clark said. "They are literally rubbing elbows with these people all week long, for breakfast,

the Hall of Christ, in between sessions, late at night at the ice cream store."

Brown, whose grandparents Garry Cleveland Myers and Caroline Clark Myers started the Highlights Foundation, first came to the Institution in 1944 as a toddler. While he said he remembered tobogganing down Chautauqua's hills as a kid, he did not realize the Institution's cultural impact until he was older. That, too, he said, helped raise the quality of the Highlights workshop.

"If you take a magic place like Chautauqua, which is so welcoming to the arts and a restful, non-threatening was a fluke and that we could lunch, dinner, on the steps of place, and you put people to-lnstitution changed "pretty best we can give them.

passion, and you're surrounded by this environment that also has so many of the performing, visual and musical arts around it, it's just a very important, conducive place for writers," Brown said.

The conferees are mostly people with no initial ties to Chautauqua, though the foundation does offer scholarships to a few people with connections to either the Institution or Chautauqua County. Brown said other writers come from all over the world; one conferee this year is from South Africa.

Brown said, there are ways the that children deserve the very

gether who have a common radically," but the core values are still the same: the commitment to education, spirituality and recreation mixed together and contributed to the success of the workshop, he said. Clark said it simply boiled down to quality.

"We exist to support and encourage children's writers, many of whom struggle and need support and encouragement," Clark said. "In so doing that, we elevate the quality of children's literature. There are a lot of people in the literary world who are very concerned about the quality of children's literature, and Throughout his years here, who still believe, as we do,

# Prose writer Love brings 'novel of ideas' to Brown Bag lecture

by Sara Toth Staff writer

There is a difference between a novel idea and a novel of ideas. A novel idea can be captivating, entertaining and marketable. The novel of ideas? On occasion, less so.

This week's prose writer in residence, Yael Goldstein Love, will give the Writers' Center Brown Bag lecture at 12:15 p.m. today on the front porch of the Literary Arts Center at Alumni Hall.

The lecture, "The Novel of Ideas in the Age of Entertainment" marks Love's

first lecture at Chautauqua Instituof Harvard University and instructor at Bos-



Street, Inc., published one novel with two names: Over*ture* was re-released in paperback in August 2008 as The Passion of Tasha Darsky.

Love said her talk, however, does not have much to do with her work. More important than her writing is the

question of whether or not readers should be optimistic or pessimistic about the future of quality fiction.

"I tend to come down more on the side of optimistic," Love said.

She noted that perhaps "novel of ideas" is too narrow a term for what she wants to cover in her talk.

"When people use the term 'novel of ideas,' they mean to refer to books that really explicitly deal with philosophical or scientific ideas; they have characters actually talking about these things in a very explicit way,"

she said. "I just mean to indicate books that are more than just a fun story, books that really grapple with something, and that doesn't mean it has to be in an explicit way."

Love said the broader meaning she would use to define the novel of ideas was any writing that had "something to it beyond the fun, brain candy story."

Critics may say that the novel of ideas is endangered, and has been so for as long as the phrase "page-turner" is considered the highest compliment for a piece of fiction. But, Love said, those naysayers have always been too hasty and have been saying such things for years.

"It just happens to be the case that books that sell really well, really fast tend to be brain candy," Love said. "Some feel that that will prevent quality fiction from being published, but it's never the end of quality fiction; it's never the ascendance of brain candy."

Still, Love said, the fact that such works of entertainment are what sells does have some effect on quality fiction

and what is being published. "I want to talk about whether this is a good thing or a bad thing and what can be done about it if it is a bad thing," Love said. "I don't actually think it is a bad thing, but I haven't fully finished thinking about it yet."

Love paused, and laughed. "Maybe I'll wind up being more pessimistic than I thought," she joked.

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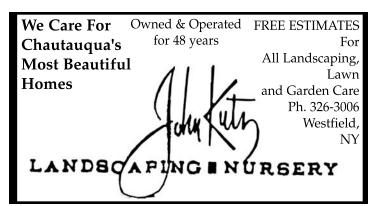
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# FROM PAGE ONE

# Fire Department to welcome community to 'Field Day'

Chautauquans are invited to Miller Park to view emergency equipment demonstrations at the Volunteer Fire Department "Field Day" from noon to 5 p.m. Sunday.

Chautauqua's local volunteer firefighters encourage the public, including children and children at heart, to come meet them and view the fire apparatus in action. The new

Robert B. Osburn, a

He was born October 21,

lifelong Chautauquan of 24

Maple Ave., died at his home

1919, in Ithaca, N.Y., the son

of the late R. Lee and Char-

lene Brown Osburn, he was

raised in River Forest, Ill., a

June, when they both at-

tended Cornell College in

Iowa. Following graduation,

Bob served four years in the

U.S. Navy and then earned

his Master of Business Ad-

ministration from Harvard

reer, he was a brand manag-

er with Lever Brothers; vice

president and account su-

pervisor with Young & Ru-

bicam advertising agency;

president of Grove Laborato-

ries; executive vice president

of Bristol Myers consumer

products division; president

During his business ca-

He met his wife to be,

Sept. 4, 2008, at age 88.

**Robert Osburn** 

Chicago suburb.

Business School.

75-foot ladder truck will be set up near Miller Bell Tower and will discharge 2,000 gallons of water per minute from the tip of the ladder supplied by fire engines drafting water from the lake.

Emergency medical personnel will be available next to the ambulance to provide free blood pressure checks and a tour of

the rescue equipment.

Of special interest to fire buffs will be the department's prized Peter Pirsch fire engine, which was put into service on the grounds 90 years ago. The 1929 restored Pirsch engine and related memorabilia will be on display in the park for the public's enjoyment.

Children will have the

opportunity to spray water from small hose lines, participate in water battles, watch foam demonstrations and have their photos taken wearing fire turnout gear.

Barbecued hot dogs, chips, drinks and home made deserts will be provided by the firefighters and the fire auxiliary throughout the afternoon.



IN MEMORIAM

sion of the Gillette Company; and executive vice president of McCaffrey & McCall advertising in New York. He retired in 1975. He and his wife then remodeled their summer cottage at Chautauqua into a year-round home.

Bob was a very active participant and volunteer in activities at the Institution. He was a member of the board of trustees for 12 years, of which he served nine years as chairman of the Building & Grounds Committee and three as chairman of the Finance Committee. He was a member of the Chautauqua Foundation Board for eight of the Toni Company, a diviyears and served as volun-

teer chairman of the Challenge Campaign (1991-1995) that achieved its goal of raising more than \$26 million in donations to Chautauqua.

His commitment to the Institution started early, having come to Chautauqua every summer with his family since age 5. Bob's father brought their family to Chautauqua initially when he accepted the position of director of the choir and teacher of conducting and choral techniques during the season. Through the years, a family legacy was formed as father and son ushered at Sunday church services together and both served on the Chautauqua Golf Club board of governors — Bob as president of the board of governors for five years. Three generations of the family attended Boys' and Girls' Club during the Chautauqua Season.

Surviving is a daughter, Gayle O. (Charles B.) Corlett of Cottage Grove, Ore.; two grandsons, Robert and Bradley Corlett, both of Portland, Ore.; and nieces and nephews Marcia McCollum, and Frederick, Robert and Ann Aalbue.

He was preceded in death by his wife of 60 years, June Aalbue Osburn, whom he married July 31, 1943, and who died Feb. 18, 2004; and a sister, Rosa Lee McCollum.

Memorials may be made to the Chautauqua Foundation, Chautauqua, NY 14722.

A memorial service will be held at 1 p.m. Saturday in the Hall of Philosophy.

# Jamison

That experience, almost 20 years ago, was not unique. Jamison went public with her struggle with manic-depression in 1995 with an article in The Washington Post and later, her book *An Unquiet Mind*. The autobiographical piece was met with critical acclaim — it was a The New York Times bestseller for five months and was named one of the best books of 1995 by several publications. It has since been translated into

20 languages. Also the co-director of the Johns Hopkins Mood Disorders Center, Jamison has since written several more books: Touched with Fire: Manic-Depressive Illness and the Artistic Temperament, Night

Falls Fast: Understanding Suicide and Exuberance: The Passion for Life. Her latest memoir, Nothing Was the Same, a reflection on her relationship with her husband who passed away from cancer, is slated for release in fall 2009.

TIME magazine named Jamison a "Hero of Medicine." In 2001, she also was awarded the MacArthur Fellowship. Her work and accolades indicate she has come a long way since her mid-20s and the thick of her mania and depression.

However, she concludes in An Unquiet Mind that she "long ago abandoned the notion of a life without storms, or a world without dry and killing seasons. Life is too complicated, too constantly changing, to be anything but what it is."

### CHATEAU MARTINS



Naturalist Jack Gulvin points to one of the traditional birdhouses that accommodate purple martins. Join him at 4:15 p.m. today lakeside between the Bell Tower and the Sports Club for the Week Three Purple Martin Chat. Gulvin lowers the birdhouses and shows the bird nests up close. His last Chat takes place July 24.



**ABBA** 

After writing a letter to former ABBA members Björn Ulvaeus and Benny Andersson and receiving permission to start a tribute band, Hedrén and Nord began creating exact replicas of ABBA's stage clothing. Nord's mother helped make the clothes on a sewing machine. New threads in hand, the duo studied the band's videos and recordings, recruited a group of musicians and decided to call themselves Waterloo after the hit ABBA song. Shortly after, they began touring Sweden.

"It came so naturally to us," Hedrén said. "We'd been listening to and singing ABBA all our lives, it was just the natural thing to do."

When asked the exact reason why Waterloo was chosen as the band name, Hedrén laughed and replied, "I don't know!"

"We were thinking 'Mamma Mia' could be a good name," she said, "but I guess when you hear 'Waterloo,' you understand it directly has something to do with ABBA ... you understand what we're about."

What they are about is sounding, acting and appearing as close to the original band as possible and during its debut gig in Stockholm, Sweden, in 1996, Waterloo did just that.

Former ABBA saxophone player Uffe Andersson happened to be playing the same venue on the night of the group's first show. After seeing how closely the group resembled his former band, Andersson jumped on stage and performed with the tribute band to raved reviews.

that first ac-Since performance, claimed Waterloo has toured with several original ABBA members and earned the mantra "The closest to ABBA you will ever get!" by fans and critics across the globe.

"It's so fun, and people love it," Hedrén said. "I know that it's fantastic to be in the audience and get the feeling of, 'Ah, it's ABBA again!' because it's something special with ABBA —

something that makes you feel very happy — and we seem to do a good job of giving [the audience] that."

Tonight will mark Waterloo's fourth Chautaugua performance of "ABBA: The Music."

"I'm very pleased and happy to be back," Hedrén said. "It's a fantastic place to perform and it's a lively audience all the time, so I think it's going to be a great, great evening. I'm looking forward

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# LECTURE

# Ratey gives examples of positive effects of exercise on cognition and brain size

by Alice R. O'Grady Staff writer

In a lecture titled "Play and Exercise Keep the Brain Young," John J. Ratey, M.D., gave the Amphitheater audience numerous examples and explanations of the effects of play and exercise on the brain.

When humans were hunter-gatherers, he said, "If you did not run, you did not eat." Modern man's ancestors walked 10 to 14 miles each day, but today, they hardly move at all.

Ratey said the average American spends nine hours each day at a computer.

In the 10,000 years between, Ratey said, man's genes have not changed that much.

"Something's amiss," he

### Consequences of inactivity

Ratey said man's "thrifty genes" guide him to take in as much high-calorie food as he can and to conserve

"My genes make me do it," said an obese man.

Diabetes and obesity are just a few of the consequences of inactivity, Ratey said. When he was in school, Ratey said, they saw only occasional diabetes patients; now they are everywhere.

He recommends physical education and recess be put back into schools that have eliminated them.

It has been suggested that Alzheimer's is a new type of diabetes. Some, Ratey said, refer to Alzheimer's disease as type 3 diabetes. Cells not handling fuel well leads to diabetes, and an overload of cells leads to decreasing cognition.

A sedentary lifestyle negatively affects the cardiovascular system, lungs and other organs, leading to obesity, Alzheimer's disease, diabetes and some cancers.

"Many of these are preventable by a daily diet of movement," Ratey said.

Injured athletes who become sedentary are often depressed or develop diabetes, he added.

Exercise, on the other hand, changes personality: exercisers become less depressed and less hostile.

For this reason, Ratey said, he looked more carefully at mental health issues, such as depression, ADD and addiction.

# Stress is good?

Any time people exert themselves it is stressful. Stress is a challenge, and it is a continuum, not an occasional event.

If the body undergoes recovery and repair, both the body and the brain grow, and exercise is a way to maximize this.

Ratey gave an example of nuns in Mankato, Minn., whose lifespans were significantly higher than the national average, many of them living past age 100 and still staying active.

The Mankato nuns champion learning, play bridge and beat others on television game shows. They are engaged. Ratey asked what keeps their brains young.

Sister Bernadette Mankato was a hiker and walker who died of a heart attack at age 60. Sister Bernadette showed the worst possible damage from Alzheimer's. She also had genes for the disease.

However, Sister Bernadette



showed no cognitive decline and no Alzheimer's symptoms. This, Ratey said, was because she stayed active. "She was saying 'yes' to the world and not 'no," he said.

Many nuns have expressed consent to donate their brains for study after their deaths.

In 1995, a study showed there are three major factors that delay the onset of aging: low calorie intake, continuous learning and exercise.

In studying the effects of exercise, a researcher taught mice to use the exercise wheel, and those that used it habitually, running an average of four kilometers each night, performed better in tests. There also were more cells in the hippocampus of their brains.

Nothing, Ratey said, affects growth of new brain cells like exercise does. With exercise, stem cells in the hippocampus change into nerve cells.

After teaching rats to run on a treadmill, one week later they were voluntarily running eight to nine kilometers in an 18- to 20-hour day.

"They [the rats] like it," Ratey said.

### Role of certain foods

When people eat broccoli, cumin, spinach and vegetables, it is said that they take in antioxidants. Ratey said it is not so much taking them in, but rather eating tiny bits that stimulate the development of antioxidants in the body.

This is because these bits are slightly toxic, and they set up a toxic response. So cells get repaired, but the body "overshoots the mark" so it is ready to withstand stress in the future, Ratey said.

He described research with sedentary adults ages 69 to 79. They were divided into two groups; both exercising three times each week. One group walked briskly and the other stretched.

After three months, the first group performed better by 11 percent on problemsolving tests. Their brains grew, Ratey said, whereas stretching and toning did not increase their heart rates enough.

He quoted R. Llilnas, who wrote, "That which we call thinking is the very internalization of movement."

# Play as an essential

nutrient If one stops an animal from playing, the animal develops a smaller brain and is less social than those that play, which is always present

as part of their development. Ratey showed pictures of a hungry polar bear approaching a photographer encamped with his huskies in the Arctic. One husky, considered the least intelligent, must have thought the bear looked like a suitable playmate.

The husky assumed the play position, mouth open, no fangs showing and crouched with his rear end high. The bear began to play because, Ratey said, its instinct for play overcame its instinct for food. The bear came back every night that week to play.

Children also need to play with each other, Ratey said. Therefore, the best schoolyards should have the least



equipment. In addition, adults also need to play or at least exercise. Ratey showed a slide of a boardroom of the future that showed executives on treadmills. When Ratey called Google, they told him, "That's the way our boardrooms have been from the

beginning." Some people now work at their computers while walking on a treadmill.

### Neuroplasticity

The brain operates best when it is growing the most, making it more plastic. This helps with focus, paying attention and decreasing fidgeting, stress, anxiety and depression.

Exercise activates the prefrontal cortex "where our CEO sits," Ratey said. This involves working memory, learning from mistakes, planning, organization, evaluation of consequences and learning from mistakes.

Exercise creates the right environment for brain cells to be plastic and challenges the brain to make more cells. As new brain cells are made every day, exercise is important in helping to take in new information.

Exercise also elevates neurotransmitters.

"A bout of exercise is like taking a little bit of Ritalin and a little bit of Prozac," Ratey said.

The brain derived neurotrophic factor, a brain stabilizer, is made in large quantities during exercise, Ratey said. There are efforts to develop a product to help humans make more of it.

# Exercise and depression

Ratey described an experiment in which subjects were divided into three groups: one given Zoloft, one given an exercise regimen and one given both Zoloft and exer-

Depression was reduced in all groups to the same degree. However, after 10 months, those having exer-

is blooming-

cised, with or without Zoloft, performed better than the group just on Zoloft.

John Ratey illustrates his point that our culture needs a paradigm shift in the way it views exercise with an ironic slide of a gym with escalators in front.

Learned helplessness often appears in children with ADD or dyslexia, when they give up and feel hopeless, Ratey said. If mice and rats are trained to exercise, they don't get into learned helplessness or if they do, it can be cured.

Exercise makes military troops more resilient and is used for veterans with posttraumatic stress disorder.

A "poster boy" for the benefits of exercise is Michael Phelps. He took Ritalin at age 9, and at age 10 or 11 he started swimming. The Ritalin was discontinued. Now he is a professional athlete.

There is ongoing investigation surrounding the idea that exercise can be used as a way to prevent the onset of addiction. Ratey said it is known that exercise helps in nicotine addiction and reduces cravings for food and drugs.

Ratey closed the lecture with a quotation from President Barack Obama's inaugural address: "The time has come to set childish things aside," and it is time to get serious about piay and exercise.



.What role does exercise • and play in itself play in effective sleep? And what role does adequate sleep play in the plasticity of the brain?

A. Well, sleep is a great way of thinking of recovery and so that it has a big part in play in growing our brain cells or growing our muscle's cells, keeping things in a recovery phase, in a growth phase rather than in an erosion phase. So, it's very important and what we know about play and exercise is that they promote more rest per sleep. When

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you are in your peak of exercise, when your intensity is at its highest, people tend to actually sleep less, but they sleep better. They get into their restorative state of sleep quicker and spend more time there. So, you're actually getting a bigger bang for your buck with sleep.

•Many depressed indi-viduals lack motivation to exercise and consequently, medication is the preferred option. What do you say to these

A•Well, I think ... the so-lution would be to treat the depressed patient, to set up clinics locally, community organizations that would be a resource for patients who are depressed to have somebody go to their house, pick them up to start walking and to continue that process — to have a friend. The best exercise you get, the biggest the bang for your buck with exercise [is] when you're doing it outside, when you're with somebody and when it's fun. But for the depressed patient, being with somebody is really important to keep them coming back or to get them started and to keep them on it. If the family members can't do it, maybe the churches or some other community organ can begin to do something like that.

Does weight-lifting exer-• cise provide the same benefits as running?

A.Well, the problem is it's hard to get a rat to lift weights. [Laughs.] It's also hard to get them to make a yoga pose. So we don't have that kind of data that we do with the treadmills and running wheels. But clinically, any kind of exercise is useful for all the different parameters of disorders and metafunctions that I talked about. Weight training, strength building is very important especially as we age

and our muscles start to go away. We need to do strength training, but when you look at it in terms of depression, in terms of cognitive abilities, it's close to what aerobic exercise does, but it's not quite at that level. Similarly yoga and Tai Chi, and all the movement and structured movement kinds of exercise paradigms, they have a very much beneficial effect, but again it's not quite at the level that people get when they are getting their heart rates way up consistently.

•If you are older, can exer-• cise make as much difference in health improvement?

A.Oh my God, yes! They did a study in Belgium; they looked at 90-year-olds and more patients in assisted living facilities who weren't exercising. First, they evaluated them. They took a piece of their quadriceps muscle and evaluated the genes that they were using. They started on a six-month training program with an exercise physiologist, gradually moving up the scale. They were much stronger at the end of six months. They then looked at their genes again by taking another piece of muscle can't be done in the United States of course because that's very difficult to do — and the genes ... that were ... used, called the transcription, were the genes of a 60-year-old. So it's never ever too late.

> -Transcribed by Regina Garcia Cano

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# MUSIC

# Russian violinist, Chautauqua patron Kaler to give master class

by Elise Podhajsky Staff writer

At 2 p.m. today in McKnight Hall, Russian violinist and longtime Chautauqua Institution patron Ilya Kaler will give a master class to five students in the Chautauqua School of Music Instrumental Program.

Kaler regards leading master classes as another extension of his teaching experience. After educating violin students at Indiana University and Eastman School of Mu-

sic, Kaler now serves as professor hearts as Kaler and Olga, a current of violin at DePaul University. He returns to Chautauqua as a School of Music guest artist for his third season. However, Kaler has been performing at and visiting the Institution for years.

During the 1994 Season, Kaler performed as a soloist for Chautauqua Symphony Orchestra. During rehearsals, he met a CSO violinist by the name of Olga, who soon became his wife. The Institution now holds a special place in the couple's CSO first violinist, return to Chautauqua every summer.

Kaler said he is looking forward to sharing his ideas about violin playing and hearing the five talented students perform in today's master class.

"The unusual thing about these classes is that they're a mixture between a lesson and a lecture," he said. "I [will] try to emphasize certain issues in the [students'] playing so they hopefully bring about the changes personally."

Kaler has performed in several top-notch orchestras around the globe and is currently the only violinist to win gold medals at all three of the world's most prestigious violin competitions: the Tchaikovsky, Sibelius and Paganini competitions. Today, Kaler will share his knowledge with Chautauqua once again.

Students participating in the master class include Alice Chen, Caroline Yoshimoto, Chaunte Ross, Eva Trigueros and Elena Chernova-Davis.



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You hear a muffled

"Thank you, we'll call you"

from behind the screen.

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You think to yourself, be-

wildered, "What did I do

wrong?" No one from the

committee will ever help

you answer that haunting

This is the scenario for

musicians across the globe

who have auditioned to

work in a professional or-

chestra. Many times the job

isn't booked, and the musi-

cian is left with absolutely

no feedback as to where he

or she could have improved.

Chautauqua Institution's

School of Music is working

and brass players in the

school's Instrumental Pro-

gram will have the oppor-

tunity to perform in a mock

audition just like the one

described above — straight

forward, no questions and

no feedback. But starting at

6:30 p.m. today in McKnight

Hall, these students will

participate in a preliminary

mock audition once a week

where they will receive ac-

tual advice and pointers on

how they could have im-

These preliminary ses-

sions operate like a master

class where the instrumen-

talist performs a few ex-

cerpts from the five or six

required pieces for the Aug.

3 audition. A mixed panel

of four or five Chautauqua

Symphony Orchestra mem-

bers will then offer their per-

"When you audition for

proved their performance.

On Aug. 3, woodwind

to change this.

of the assigned piece.

Silence.

question.

Staff writer



Daily file photo Marlena Malas teaches a voice lesson during the 2008 Season.

# Master class displays work of famous teacher, Young Artists

by Drew Johnson Staff writer

Marlena Malas is in high demand. A small crowd formed on a Saturday afternoon outside her studio at the School of Music. The group is composed mainly of Voice Program students, who are here for the summer to learn and sing, vying for 30 minutes with the renowned teacher.

Malas, who will give a master class for Chautauqua Opera Young Artists at 1:15 p.m. today at Fletcher Music Hall, is one of the country's most sought after voice teachers. She teaches at the Manhattan School of Music during the academic year and has given master classes throughout the world. She also is Voice Program chair at the Institution.

"She's a master of giving master classes," said Don St. Pierre, head coach of the Voice Program. "She's a terrific teacher — one of the best in the business. [These classes] are extremely valuable to those involved, and tailors her advice to the person she's working with. She doesn't come with preconceived

no-

A master class is a group lesson where the teacher works one-on-one with individual singers in front of their peers. For today's twohour class, Malas will work with five Young Artists, who are here for the summer working under the tutelage



tions about the singer."

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Malas

in someone else," she said. Malas also said she always learns from her master classes. The audience, too, can learn from the experience of watching her teach. The master class will give viewers a unique inside look at the work it takes to be a professional singer.

The Chautauqua Opera Guild, whose members may attend for free, sponsors Malas' master class. Non-members must pay a \$5 fee.

of Jay Lesenger, Chautauqua

Opera Company artistic/

and I try to help them bring

out their best in every way:

vocally, emotionally and his-

Malas explained that sing-

ers are sometimes unable to

hear themselves when they

sing, so it's helpful for them

to watch her work with other

students, even if they do not

"It can click when they

can see a problem they have

receive individual advice.

trionically," Malas said.

"Jay's kids are very gifted,

general director.





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OPEN HOUSE EVERY SATURDAY spectives on the audition.

### feedback when you're doing," said Richard Sherman, head of by Elise Podhajsky winds, brass and percussion for the school. "I think to satisfy a committee, you You walk into your first have to find that middle audition for a major philground of acceptability." harmonic orchestra. There To do so, CSO members is nothing in the room except a music stand and a black screen hiding five orchestra committee members. You set out your music and play what you think is

collectively spend 15 to 20 minutes working with each student during the preliminary sessions explaining what they heard and what they would have liked to hear. "I think that's the most

a committee, you can be the best thing for the flutist, but

the clarinetist might hate

invaluable thing," Sherman said. "You'd be amazed at the lack of perspective on the self [musicians] have. I've seen incredible things happen — the realization, the lights coming on when they get the feedback from these classes."

The preliminary audition not only serves as a venue for technical improvement but psychological improvement as well.

Formal audition settings have notoriously highstress, high-anxiety environments, which can be detrimental to an audition if the musician does not know how to handle them. Having several opportunities to test these waters at Chautaugua helps Instrumental Program students prepare for the careerchanging events.

"It makes them feel like they've covered their bases, and they can go into that next audition perhaps a little better equipped," Sherman said.

To his knowledge, Chautauqua is the only music program in the country that offers this type of crucial feedback — feedback Sherman wished he could have had several times over.

These preliminary mock auditions are free and open to the public. Sherman encourages members of the community to attend and witness the fascinating and enlightening interplay between faculty and students.



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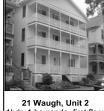


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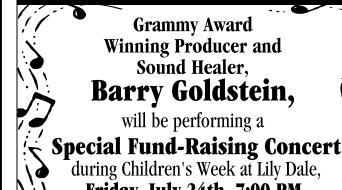
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# THE ARTS



At right, guest artist Elizabeth Rich plays pharmaceutical company employee Allison Hardy in the CTC New Play Workshop of Kate Fodor's "Rx."

# Guest artists contribute to pharmaceutical love story

by Stacey Federoff Staff writer

Chautauqua Theater Company invited three guest artists to perform in "Rx," the first staged reading of the New Play Workshop this year. The playwright, Kate Fodor, has the ability to rework certain sections and completely cut others if necessary.

Two guests artists would prefer to keep working throughout the week they are staying here, but they do not mind the alternative as much as they normally would.

"This would be a great place to be fired," said Mikel Sarah Lambert, one of the guest artists. "It's like a vacation."

Work began on "Rx" this week, and there will be performances at 4 p.m. today and 2:15 p.m. Saturday in Bratton Theater. "Rx" is dimeets multiple times in the rected by CTC co-artistic director Vivienne Benesch.

The play is about a woman named Meena Pierotti, who enters a clinical drug trial to test a workplace depression drug and ends up falling in love with the doctor administering it.



beth Rich plays Allison Hardy, an employee of the pharmaceutical company. "She

Eliza-

Rich jazzed by her career entirely," Rich said. "She ironically doesn't suffer from malaise and depression at all."

Lambert plays Frances Godward, a woman Meena underwear section of a department store.

"She's turned a corner in her life, and she decides to do things that she's put off," Lambert said. "Because she is willing to go forward, I think she helps Meena realize she needs to go forward, whatever that may mean in the end."

Guest artist Michael Gaston also will join the cast playing both researcher Ed and marketing executive Richard.

Rich said through a "beautiful confluence," she has a friendship with artistic directors Benesch and Ethan McSweeny and has worked with Fodor multiple times in the past.

We've just forged a lovely friendship, and I've gotten to work on all of her [Fodor's] plays at some stage," Rich said.

The tone of the play is something the cast will help the playwright pin down, Rich said, combining serious questions and fun elements.

"I think it walks a very interesting line between satire

Carol Rausch, chorus

master/music administra-

tor for Chautauqua Opera

and romantic comedy," she said. "Having a bunch of actors sitting around playing with it is what will determine the elasticity of tone and style of what we're working through."

While the play criticizes the pharmaceutical industry and corporate ambition in a tongue-in-cheek way, it holds real conflict over what love is, Lambert said.

"Some

people don't

idea what it

is, so they

with other

actress said.

the

Chautauqua Opera's Rausch to guest speak at Men's Club

have

replace

stuff,"



"But the glory of the piece is that the two leading characters don't know what it is, but thank God they meet and they discover, through a number of mistakes, what [love] is."

Both Lambert and Rich said they had previous experience with more traditional readings, but that this production will be unique because it is more like a suggestion about what a real production should look like. CTC design fellows will design sound, lights and costumes, not normally present in a reading.

The actors will read from their scripts as they perform, giving Fodor a chance to alter the play without disrupting the actors' work. "Instead of wearing the

lifesaver around your center, you're holding it in your hand," Rich said.

The two New York City actresses said they are unfamiliar with the "idyllic" and "amazing" Chautauqua, and that they will be acting with CTC for the first time.

Lambert said she was astounded to hear that the host family she is spending the week with does not lock

"Now, to a New Yorker this is staggering news. I have three locks on my door," she said. "It's unbelievable."

"The only offensive thing that happened to Mikel this morning was me walking by on my cell phone," Rich said.

schütz. She remained active

as a recital pianist, including

concerts with Marquita List-

# Taylor to explain painting process

by Regina Garcia Cano Staff writer

Painter Craig Taylor has a powerful reason to do his job: he firmly believes painting still can be a vital experience for people.

"Painting is a kind of activity that when you make it, it actually changes you as much as you change it," Taylor said. "I feel like that it's a very kind of unique situation in contemporary society ... it [painting] becomes a very personal kind of situation."

He will deliver a lecture about his work at 7 p.m. tonight in the Hultquist Center.

Taylor's painting process begins with the development of drawings closely related to structures in drawing. The images, he said, are similar to "things you might see in comics."

"Literally, the drawings are kind of a very rapid, almost automatic drawing experience," Taylor said. "I kind of just produce all this imagery and then when it gets to the painting it definitely becomes a slow-down, kind of refinement of whatever I find in the drawings."

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The creation of drawings is related with the investigation of the subject, whereas the paintings deal with the development of color and space, Taylor said. His pieces belong to the American modernist abstraction movement.

Through his lecture, Taylor hopes people will understand not only the relevance of painting alongside technological developments such as photography, but also its limitations.

Taylor considers himself a studio painter who is interested in an aesthetic experience achievable through paint.

"I'm interested in having a dialogue with modernist abstract paintings more so than nature," he said.

Taylor is a faculty member at Rhode Island School of Design and Pratt Institute. He has held one-person exhibitions at March Gallery and Bruno Marina Gallery, both in New York, and in Germany. He earned his bachelor's degree from Maine College of Art and his master's degree from Yale University, both in fine arts.

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Manager

Men's Club meeting at 9 a.m. today in the Women's Clubhouse.

Rausch

Rausch oversees the musical components of the Opera Company and Chauthe tauqua Op-Young era Artists Pro-

gram. She also is the chorus master/music administrator for the New Orleans Opera Association. She previously worked for Virginia Opera,

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Light Opera and Opera Columbus. Rausch has teach-Company since 1995, will ing experience at The Ohio background includes degrees er, Fabiana Bravo, Ned Barth Rice University Shepherd School of Music. She is presently music director for the Opera Department at Lovola University New Orleans, where she prepared and conducted numerous opera productions, most recently

Greater Miami Opera, Ohio The Elixir of Love and Dido and Aeneas in 2009.

educational Rausch's Ohio State, as well as a year

of study at the Conservatoire Royal de Musique in Brussels, Belgium, as a Rotary Foundation Graduate Fellow. Her teachers included Jorge

Bolet, Earl Wild, Richard Tetley-Kardos and Sonja An-

be the guest speaker at the State University and at the from Indiana University and and Jeanne-Michèle Charbonnet. Rausch annually accompanies the Gulf Coast regional auditions for the Metropolitan Opera National Council and has judged both the district and regional levels of competition throughout the U.S.





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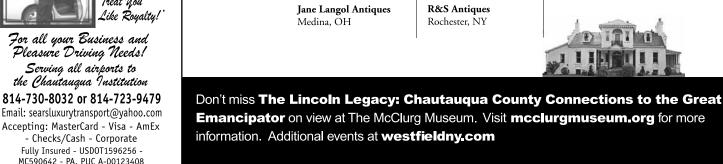


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the driving range. It is the ideal place to work on driving skills and put woods to good use. But what if someone wants to practice his or her entire golf game — putting, short game, the works?

The Chautauqua Golf Learning Center, which is slightly more than a year old, is a unique and perfect place to do just that.

"To practice your golf game, you don't just practice driving the ball," said Suellen Northrop, Ladies Professional Golf Associahave your golf swing ready to hit more irons than you hit woods, and sometimes you don't even hit a driver."

So driving is really just a part of one's golf game, and it is not necessarily the most important part. The Golf Learning Center knows that.

It offers memberships for golfers who would like to come and practice different aspects of the game on their own. For members, the Golf Learning Center has its three practice holes, which are all par three, a short game area

who want to either learn how to play golf or become better golfers.

"We really try to appeal to all types of people," Northrop said. "We have a pee-wee class, which is for ages 4 through 7, and I think my oldest student right now is about 84."

Though Golf Learning Center classes have been offered through the Chautauqua Golf Club for the past four years, this is only the second year that they have had a base for the individual center.

As with most young pro-

and what it offers, thanks in part to Special Studies program information and advertising at Jamestown Jammers games, the center is still unable to offer the number of classes it would like.

"We try to have a few more classes [available this year] than we had available [last year]," Northrop said. "But we'd love to have every class that we run available every week, since Chautaugua is so weekly. But it's been impossible because of numbers of people. Our numbers have to get up a little bit, so people have to be more aware that we have them [the classes]."

Classes are weekly and available for anyone who would like to sign up. The topic of each class changes each week.

Clinics take place Wednesdays and attract larger groups of 18 to 20 people. These groups often consist of a bit more learning by watching as opposed to hands-on, one-onone learning and teaching.

Camps take place three hours a day for three consecutive days per week. This is different because most of the other classes are only an hour, so these are more concentrated and intensive.

Private lessons are available for individuals, couples or families. They can also be taken in a series, so if people want to take three lessons. they would build off one another, making them a bit less expensive.

In addition to these, the Golf Learning Center also offers Family Friday, during which families of up to seven people can come and play a five-hole game. A five-hole game as opposed to a threehole game is possible because the Golf Learning Center shares with the Golf Club for this event, as the grounds overlap. After the families play, pizza, hamburgers and hot dogs are served.

Northrop and her coworker Jack Johnson, Professional Golfers' Association member, share teaching duties for all classes, clinics, camps and private lessons. If a clinic gets too large, PGA Professionals Troy Moss and Rich Burlett come from the Golf Club to help. The center also uses technology to help teach. It has videotape equipment and a putting computer that help players fine-tune their strokes.

Though Northrop, like so many Chautauquans, is only here for a few months out of the year, she is not new to Chautauqua. In fact, she learned how to play golf on the grounds as a young girl.





For her first two years as a professional in the early '80s, Northrop, who grew up in Jamestown, N.Y., worked as an assistant professional under former Golf Club Director Stan Marshaus. Since then she has been moving back and forth between Jupiter, Fla., in the off-season, where she teaches at Admirals Cove, and the Institution in the summers. Northrop said she enjoys

this change and the attitude of golfers at Chautauqua.

"I like the concentration of the busyness [here], when people really want to get their golf games going because it's such a short season," Northrop said. "It's a lot different than down in Florida, and it's even more so with the Chautauqua Season because of how Chautauqua works, being a nine-week season. So I think that's really fun."

It is a center that truly appeals to anyone who would like to improve as a golfer.

Center offers a large variety

of classes now, Northrop said

she still has hopes that it will

continue to expand and be

able to offer even more. And,

if the community awareness

heightens, there seems to be

no reason that it would not

as long as there are people in

starting golf, we have people

who aren't very good at golf

that would like to be better

and we have some people

who are very good play-

ers who actually want to

maintain their golf game,"

Northrop said.

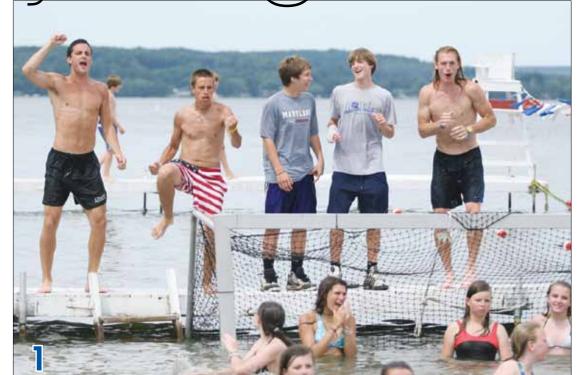
"We have people who are

the area interested in golf.

For more information on the Golf Learning Center and classes offered, call (716) 357-6480 or stop by and pick up a brochure. The Golf Learning Center is located across the Though the Golf Learning street from Bryant Gate.









# rectus. Use

Boys' and Girls' Club Water Olympics makes a splash

Photos by Katie Roupe











- 1 Counselors and Boys' Club participants cheer on the girls during a water polo game at the Boys' and Girls' Club Water Olympics on Wednesday afternoon.
- 2 Girls cheer for their teams. Each team wore paint in their team's color.
- 3 Boys race the melon back to their side to win the melon race. To win the melon race, one had to grab the oiled melon and get it safely to their side.
- 4 During a game of water polo, a Girls' Club participant tries to maintain control of the ball.
- 5 Girls enjoy some watermelon after a water polo game.
- 6 Children switch positions in the kayak during a relay race.
- 7 Boys and girls race against each other. The blue and red teams competed against each other, but the red team came out with the win.

# NEWS

# Many Chautauqua collectibles available at CWC Antique Sale

by Lori Humphreys Staff writer

The Chautauqua Women's Club 23rd annual Antique Show and Sale will return to the Turner Community Center from 9:30 a.m. to 4:30 p.m. Saturday. The Antique Show is open to the public, and the donation is \$4.

Approximately 25 dealers from New York, Ohio and Pennsylvania will be on hand with antique treasures including linens, glass, fine

china, silver, wicker, costume sailboats and "Chautauqua" and estate jewelry, books, post cards, prints, antique dolls, quilts, lamps, furniture and toys. CWC member and long-time Antique Show chair Gerry McElree said that this is the place to pick up Chautauqua memorabilia.

The new round Chautauqua collectible plate and the older oval design will be available for \$15. Bemus Point Pottery produced the handthrown, signed plates with scenes of Miller Bell Tower, painted in blue on a white background.

Revenues support the Property Endowment Committee, which raises money for CWC Clubhouse maintenance. Chautauquans who arrive from inside the gate must show their gate passes. The tram and north bus are available for transportation to the Turner Community Center. The event is wheelchair accessible.



# BTG prepares annual Mushroom Sandwich Sale



Sandwiches similar to this one will be sold today as a BTG fundraiser.

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by Beverly Hazen Staff writer

Today is the day for the long-awaited Mushroom Sandwich Sale. Come at 11:45 a.m. to the patio and awning toward the lakeside of Smith

> Come visit the area's

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gallery of

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Just ½ a mile north of

Chautauqua Institution

sandwiches provided by the Bird, Tree & Garden Club.

This sale is steeped in tradition. The July 11, 1969, edition of The Chautauquan Daily states, "The mushroom sandwiches are unique as they are prepared according Wilkes Hall for the buttery to an original recipe created

by a famous French chef, 100 years ago." The recipe is not a secret, though — it is listed as "The Chautauqua Bird, Tree & Garden Club Famous Mushroom Sandwich" on page 57 of the Chautauqua Bird, Tree & Garden Club Sampler Cookbook.

This book is available at Chautaugua Bookstore and at the BTG Tuesday lectures at Smith Wilkes Hall. The BTG alternates seasons of selling the sandwiches and holding "Chautauqua in Bloom" with the popular House Tour.

Tickets for purchasing a sandwich, chips, cookie and lemonade will be available for \$5, a real bargain these days. According to the July 15, 1970 Daily, the p.m. or until sold out.

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are scheduled at 7 p.m. each Sunday evening (excluding the final

sandwiches were sold alone for 50 cents, but now a complete light lunch is offered.

an alternative, grilled cheese sandwiches will also be available," Chairperson Maggie Irwin said. "If someone wants a meal 'to go,' there will be a self-serve wrap table."

Come and enjoy the fellowship of others enjoying the same fare. Some tables for eating will be set up in the garden by the patio. The Thursday Morning Brass will provide entertainment.

"If it rains, come to the [lecture] entrance of Smith Wilkes Hall to buy tickets, and the food will be inside," Irwin said.

The sale will end at 2

# CWC Flea Boutique opens for 10th season today

by Lori Humphreys Staff writer

Bargain hunters, treasure seekers and collectors take note. The Flea Boutique, sponsored by the Chautauqua Women's Club, will open its doors from noon to 2 p.m. today. The Flea Boutique, located behind the Colonnade and directly across from the Police Station, will be open on Monday, Wednesday, Friday and Sunday from noon to 2 p.m. The shop features bargain-priced antiques, collectibles, gifts, linens, small furniture, books, clothing, kitchen items, toys, sporting goods and small electronic

The Flea Boutique has been turning donated items into revenue for CWC student scholarships for the past 11 years. The shop raised more than \$10,000 for the scholarship program and CWC Clubhouse maintenance last year.

Nancy Bohn, Marianne Karslake, Judy Oliver, Rita Redfern, Carole Reiss, Betty Siegel, Edie Smolinski and Judy Cornell will take turns manning the shop. If you are interested in volunteering, please call Carol Reeder at (716) 753-7254.

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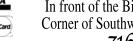
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# RELIGION

# Spezio: Religion and science not 'oil and water'

by Judy Lawrence Staff writer

In the 21st century, one cannot think of the mind without turning to the conversation between religious and spiritual conceptions of the mind and the science of the mind, the Rev. Dr. Michael Spezio said.

Spezio spoke Wednesday afternoon on "Interiority and Purpose: The New Convergences Between Spirituality and the Sciences of the Mind."

Spezio discussed three developments in the conversations between the science of the mind and the spiritual quest. They provide new areas for mutual enrichment, he said.

First is the neuro-scientific investigation of contemplative practice; second, the neuro-scientific investigation of moral action, especially within a virtue-theoretic frame work; and third, the implications of social neuro-science for understanding and adopting narrative bioethics, as opposed to case-based bioethics, in ethical reasoning.

All three have the promise to open new vistas for debate and dialogue arising out of a new appreciation of the human interior in common, Spe-

"Science and religion are still held by some to be like oil and water," he said.

Spezio questioned how this engagement could happen.

Spezio spoke about Galileo's legacy. This is the 400th anniversary of his 17th century theory that the earth moves and is not still.

"Galileo was a faithful Catholic," Spezio said. "He deeply wanted to exercise his ability to observe, reason and interpret the world around him, to establish scientific truth, while affirming that the sacred narrative ... never lies," Spezio said.

"He was fated to lose his battle, but he won the war," he added.

The war was not between science and religion but between those who read every Biblical verse literally and those who understood that interpreting Biblical narrative was not straightforward.

Evidence of his victory apeared in 1893 when Pope Leo XIII said: if dissention arises between the theologian and the physicist, what the physicist can show to be true of physical nature, the theologian must show to be reconcilable with the Scriptures, Spezio said. He added that the Dalai Lama said the same thing in 2003.

But scientists today must not follow Galileo in "his unrestrained confidence in the ability of observation plus reason to identify lasting truths that we seek to claim as entire," Spezio said.

The notion of established truth in science has changed, he said.

He described the case of a 65-year-old woman who came into a clinic for treatment for Parkinson's disease. She had had the disease since she was 35. The treatment involved putting electrodes in her brain, he said. This had an immediate effect and her tremor stopped.

But when one electrode was stimulated, the woman became so depressed that she became suicidal in minutes, he said. Within 90 seconds of halting the stimulation, she was fine. When repeated, the stimulation always had the same results.

When pictures of her brain were taken, they showed enhanced activation of her left amygdala and the orbital frontal cortex, two areas we know are implicated binding together the value we feel toward things with the conceptual representation of those things in our own minds, he said.

This woman's story shows us "why our conceptions of the mind and its relationship to the brain" draw us immediately into rigorous interchange between scientific perspective, Spezio said.

He asked: How did she come to forget all the good things in her life and feel that



Michael Spezio talks about integrating science into religious dogmas instead of ignoring the truth during his Interfaith Lecture Wednesday afternoon in the Hall of Philosophy.

her life was meaningless?

Where in the neural pathways are such meanings created? Where was this woman's freedom to choose a new state of mind? Did she lose that freedom or did she, and we, never have it? Spezio asked.

"These are some of the critical questions that can be fruitfully engaged by a new focus on interiority and purpose in the relationship between neuroscience and spirituality," he said.

There are important methodological challenges in designing experiments, he said. Functional magnetic resonance imaging, fMRI, is one of these cutting edge technologies.

'It's anything but straight forward, but it's very well worked out," he said.

It can tell when and why changes in the brain are occurring. But evaluating reports of brain behavior relationships is not straight forward, he said. It's important to keep this in mind to avoid mistakes.

One problem with the fMRI is the signal it picks up, which is the blood oxygenation level-dependent (BOLD) signal. This measures the blood flowing around the brain. But the way we think about information transmission is in electrical was that listening to the book impulses. The fMRI doesn't measure that, he said.

"One of the challenges for us as scientists ... is to take the BOLD signal data for what they are and try ever harder to integrate that signal into the primary signals that neuroscientists use to talk about information processing in the brain," Spezio said.

People need to be humble about what we can claim from this methodology, he added.

Another piece of the puzzle is that we pool data across individuals. Then we do the analysis by folding individuals into the group. But there are extensive differences between brains, he said.

When individuals claim that this brain activation says this is the way individual brains work, we have to be critical about that, Spezio said.

Since the mid-1980s, scientists have been committed to understanding contemplative practices, he said. This has involved consortiums that include neuroscientists, clinicians and practitioners.

There is a new emphasis on mindfulness training, meditation techniques and "developing the capacities for meta awareness or for being aware of what we're currently aware of." A primary vision that motivates this emphasis is of a future when neuroscientists cooperating with practitioners will allow a closer association between firsthand experience and third-person experience.

Spezio's research focused on centering prayer, which is a very widespread Christian practice that goes back to the fifth century. He wanted to interrogate the claim that it is not just focused attention, and that you actually develop compassion and change how you look at other people, he said.

With the help of practitioners, he designed a neuroimaging experiment. Spezio asked the practitioners to go into an fMRI machine, lie down and push buttons while centering prayer.

The practitioners expressed very clearly their discomfort with doing this, but, he said, "I, as a scientist, am limited in my tools."

He asked them to do 10 minutes of centering prayer then to listen for 10 minutes to someone reading from Charles Darwin's *The Voyage of* the Beagle.

What was found when he compared simple attention to listening to centering prayer were certain brain activities activated when the subjects were focused on the task and when they reported that their mind was wandering from the centering prayer, he said.

The same brain areas were not engaged when listening to the book. At least we have some neural signature that identical processes are not involved, he said.

Does centering prayer change the way you look at other people? Spezio asked.

To find out, he asked the practitioners to complete the same two tasks and then make judgments about the trustworthiness of different politicians. What was found reduced activation in key areas that integrate value and conceptualization, he said, and during centering prayer, there was more action in those areas.

This points us to ways in which we may be able to shed light on how the brain works and whether those practices have an effect on the brain in the way our theory suggests, Spezio said.

A second area Spezio studied was the neural science of moral action. Most people understand it through utilitarian theory — that we do what's best for the most people — or because we have rules and we better follow them.

"Both of these systems separate and divide and make alien to one another emotion and reason," Spezio said.

There is a third way called virtue theory that does not divide cognition and emotion and actually brings reason and emotion together, he said. This is an area of research that Spezio is developing.

"I think what we have to keep in mind is that a new understanding of how moral action works that emphasizes virtue takes value that is specified from the outside ... and transfers that value and puts it again inside into one's inte-

rior," he said.
"Virtue is a concept of moral action that emphasizes a springing forth, a fast and united working together of reason and emotion.

Spezio said he is very excited about this area.

"It's here that we will make some very fruitful and energizing new discoveries, he said.



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# Nazareth: Small and skeptical

eadlines sometimes read "Local Boy Makes Good" to introduce the accomplishments of a "native son." If there had been a paper in Nazareth, it would have read of Jesus: "Local Boy Comes Home."

When Jesus took up the scroll of Isaiah at the Nazareth Synagogue and began to read the words — quoted by Gospel writer Luke, but not by Mark — and followed them by the amazing statement, "Today this scripture is fulfilled in your ears," his neighbors, who watched him grow up, just could not take it.

How dare this carpenter, the son of Mary, attribute the Prophet's sacred words to himself? What chutzpah to claim, "The Spirit of the Lord is upon me, because he has anointed me to preach good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, and to set at liberty those who are oppressed, to proclaim the acceptable year of the Lord."

Of course, Jesus' Nazareth compatriots had not seen the Holy Spirit descending upon him as a dove at his baptism. They had not heard God's voice say, "This is my Beloved Son in whom I am well pleased."

Others than the addressee never hear the divine pronouncements. A friend of the chaplain, in a family meeting to discuss his call to move from his present pastorate to assume presidency of a seminary, blinked when his reluctant daughter challenged, "Are you sure, Dad? None of the rest of us heard God's voice."

"It's not a surprise, really," Chaplain Jon Walton said, "that Nazareth resisted Jesus. We take for granted the folks we know. We miss their exceptional nature and overlook their special gifts."

He defined an "expert" as "someone who does what other people familiar to you do, but they come from more than 50

The folk of Nazareth also revealed their own low opinion of their village where, they believed, nothing of importance could ever happen. Sure enough, because of this resistance "Jesus could do no deeds of power there, except that he laid his hands on a few sick people and cured them," Walton said.

Not all small places are so skeptical. Another of Walton's friends who spends the winter addressing highpowered conferences told him that he finds his greatest inspiration and healing at a small rundown church on Maryland's eastern shore.

The sermons there, though dull, are sincere. An arthritic 80-year-old pianist plays "The Old Rugged Cross" on an outof-tune piano. An aged grandfather and his cerebral-palsied grandson pass the offering plates to the congregation of 20. And yet, Walton's friend affirmed, Jesus is there, closer than breathing, because the congregants have come to look for it. They believe his promise that wherever two or three are gathered, he will be present.

"I wonder what might have happened in Nazareth," Walton concluded, "if the spirit of those folks in that little church had been there. If Jesus came to visit our churches, would he be able to do any deeds of power, or would he be amazed at our unbelief?"

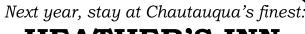
Walton is senior pastor of New York City's First Presbyterian Church. George Wirth, Department of Religion associate, was liturgist. Reka Koren, International Order of the King's Daughters and Sons, read Mark 6:1-6 first in her native Hungarian, then in English.

The Chautauqua Motet Consort, with flutist Judy Bachleitner, clarinetist Debbie Grohman, bassoonist Richard Kemper and Joseph Musser played, as prelude, Cesar Franck's "Panis Angelicus" and Jean-Joseph Mouret's "Rondeau."

Worship coordinator Jared Jacobsen led the Motet Choir in William L. Dawson's "Ain' a That Good News?"

As the prelude was being played, an entering worshiper tripped and fell. Immediately a fellow worshiper, using his cell phone, called for emergency medical technicians, who arrived within minutes. A choir-robed doctor rushed to the man's side and offered assistance. Ushers quickly removed benches and the chaplain approached to offer prayer. The congregation remained calm.

Liturgist George Wirth gave the following statement: "In the midst of a week of Chaplain Jon Walton's preaching, focused on healing and health, we witnessed in the Amphitheater Thursday morning evidence that God's promises of healing and health are true. The entire Chautauqua congregation encircled the victim and his wife with our prayers for healing and recovery."



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# PHILANTHROPY

# 'Two different Chautauquas' meet Bargers' needs through 45 years

If you ask Bob and Mary Bargar what Chautauqua means to them, you're likely to get two different answers.

That is because for both longtime Chautauquans, just what Chautauqua means has evolved over the years.

"We have really lived two different Chautauquas," Bob

Mary was first introduced to Chautaugua by her parents in 1950, when the family visited from Cleveland for a Unitarian Conference. After Mary graduated high school in 1955, she found a friend in Eleanor B. Streeter, who managed the Tally Ho along with Edna T. Lawson. Mary worked as a waitress at the Tally Ho for two seasons. This was the beginning of a long relationship with the Streeter family and the Tally Ho.

Back in Cleveland, Bob and Mary met through their parents and wed in 1959; they recently celebrated their 50th wedding anniversary. In 1964, Mary decided it was time to introduce her husband to Chautauqua.

"Of course, it turned out to be a famous rain-all-weekend type of stay, but it must not have been that bad because Bob wanted to come back the next year," Mary said.

"Yes, it rained all weekend, but Mary loved Chautauqua and I loved Mary," Bob added.

Back then, Bob said, he felt like "an observer of the scene." They came for week-

end stays through the 1980s. "Our little Chautauqua world was at the Tally Ho with the Streeter family, and occasionally we would stay at the Gleason," he said.

Fifteen years ago, retirement gave Bob and Mary the

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opportunity to take up residence at Chautauqua for the entire summer, and so they purchased a condo in the renovated boarding house next to the Tally Ho.

In the off-season, they spend time with their two daughters, Beth in Dallas, Texas, and Nancy in Ocala, Fla. Over the years, they have been able to share Chautauqua with their children and, Bob said, are now witnessing the "representation of passing the baton generation to generation."

Their first-born granddaughter, Kathryn, is working at the Gleason Hotel and the Amphitheater this summer.

This will be her time to make Chautauqua her own," Bob said.

And that is exactly what Bob and Mary have done for themselves.

For 30 years, Chautauqua was a respite, a place to unwind for three days or so before heading back to work. Bob was vice president at National City Bank in Cleveland, and Mary worked for a nursing facility where she served as the assistant director of admissions. Now, retirement has given them an entirely different Chautauqua, where they have time to really enjoy all of the programming and

"For me, there have been



**Bob and Mary Bargar** 

two different Chautauquas that have responded to my needs at different times of my life," Bob said.

Mary's days at Chautauqua are spent attending the morning lecture, and she is an Education Department lecture evaluator. She sings in the choir on Sundays and attends rehearsals throughout the week. Perhaps her most favorite activity, however, is going to the Pier Building beach to read and meet up with friends.

Bob's interests run the

"Where else can one get [a] 110 percent ration of religion, education, recreation and art under one cosmic roof?" he asked.

Bob has been the treasurer of the Unitarian Universalist Fellowship of Chautauqua for of entertainment. the past eight years.

"I find much satisfaction from my involvement with a growing congregation," he

The UUFC has been working hard and has raised enough money through their efforts to purchase the property on 6 Bliss Ave. for use as a denominational house.

Bob also is a member of the Chautauqua Literary & Scientific Circle Class of 2000. He attends the morning lectures and enjoys boating on Chautauqua Lake. Mary and Bob are also regulars at Chautauqua Theater Company performances, and they especially enjoy the Bratton Late Night performance at each season's end, where the cast puts on an improvisational evening

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Bob and Mary's love of Chautauqua has made them huge advocates and cheerleaders for contributing to the Institution. Their personal satisfaction has come from making a deferred gift to Chautauqua. They also each made Chautauqua a beneficiary of their IRAs.

Bob is no stranger to fundraising from his years working with organizations in Cleveland and his time as UUFC treasurer.

"What I have learned is the value to both the donor and the organization of a charitable gift," Bob said. "The feeling one gets from making a gift is intangible; it's more than dollars and cents."

"I think maybe people don't understand that you

can make a deferred gift, and you don't have to be a millionaire," Mary added. "I would encourage people to think that way.'

What we have done through our gift is help to ensure the future of Chautauqua for the next generations," Bob said.

By making a deferred gift, the Bargars have become members of the Eleanor B. Daugherty Society. The Daugherty Society recognizes those individuals who have included the Institution in their estate plans through a will, trust or other planned gift.

If you would like to learn more or are considering including Chautauqua in your will or other estate plans, please contact Karen Blozie at (716) 357-6244 or e-mail kblozie@chautauquafoundation.org.

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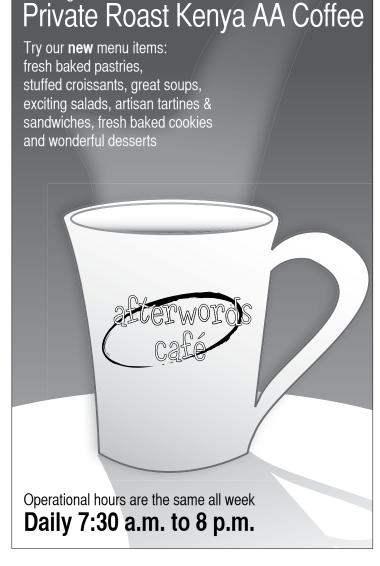
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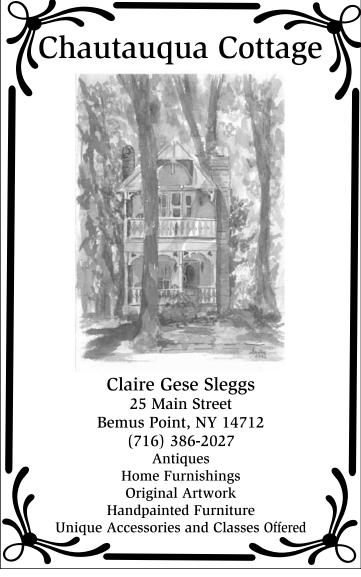
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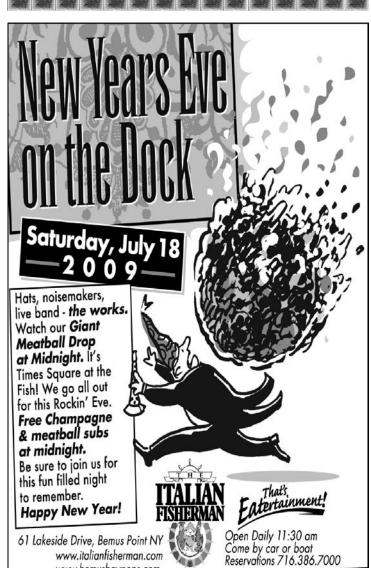
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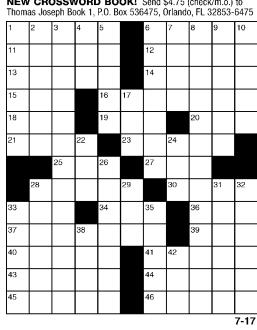
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7-17 **CRYPTOQUOTE** 

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Yesterday's Cryptoquote: IF YOUTH BE A DEFECT, IT IS ONE THAT WE OUTGROW ONLY TOO SOON. — JAMES RUSSELL LOWELL

# **SUDOKU**

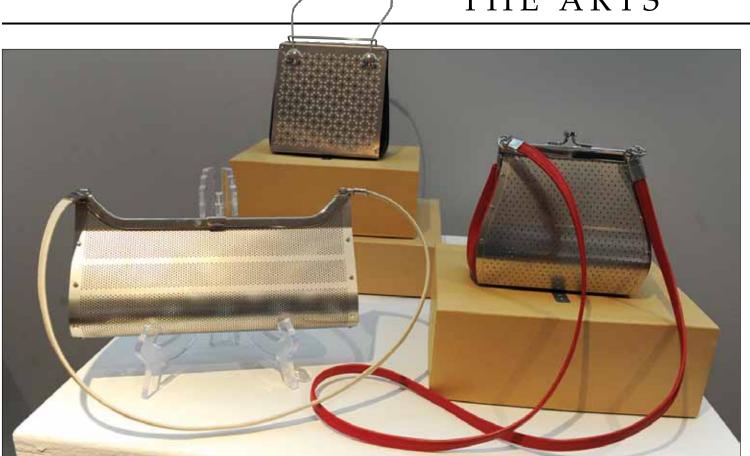
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7/17

# THE ARTS



Artist Wendy Stevens says New York City inspired her to choose steel as her primary material.

### Photo by Roger J. Coda

# Stainless steel handbags en vogue

Stevens' unique collection proves 'pretty cool'

by Regina Garcia Cano Staff writer

Leather, nylon, vinyl, canvas, cloth, pleather, suede — these ain't those handbags.

Wendy Stevens' handbags are made of stainless steel.

Her collection includes clutches, satchels, totes, wallets and evening pieces. Her versatile handbags can be dressed up or down and used every day if, Stevens said, the owner "can consolidate her life into a smaller kind of situation."

On average, all of her handbags can fit a cell phone, credit cards and a lipstick. Yet, the Shopping Bag, the largest in the collection, is only 8 inches by 14 inches by 5 inches.

Distinctive geometric shapes abound in the collection. A cylinder draws the Rigatoni Clutch, while the Slim Bag is a perfect rectangular prism. During the design process, Stevens said, she looks closely at the way the bag fits the body.

Stevens diligently crafts every handbag. She folds the pre-cut steel sheets, glues and saws the leather and finishes the metal's surface. The process involves several tools such as hammers, brakes and a sand blaster. In a day, the designer can produce up to five pieces.



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"It was a very long process, developing my style, developing a product that I felt was a good one."

Wendy Stevens
 Artist of handbags

An important characteristic of her handbags is their everlasting quality, which, Stevens said, contrary to Europeans, Americans do not appreciate.

"That's where I struggle with the fashion industry because it's not the intention behind of what I'm doing at all," Stevens said. "I don't want to be in style this season and not in style next season, I want to be in style all the time and not have a season."

The designer said she witnessed the durability of her handbags when, during art shows, some of her clients showed her several pieces that she made 15 years ago.

With a teaching background and no previous artistic knowledge, Stevens ventured into the world of design 24 years ago. A group of Ste-

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vens' friends, who were part of the art world, provided her with the support she needed to begin her experiment.

New York City inspired Stevens to choose steel as her primary material. Everywhere she looked in the area, she would find a different usage of the material: elevators, telephone booths, garbage cans, manhole covers and subways.

"It was a very long process, developing my style, developing a product that I felt was a good one," Stevens said. "It took a long time especially because I am self-taught, I knew nothing about sheet metal, tools, making anything."

Today, her unique work is sold in various museum shops such as the Museum of Contemporary Art in Chi-

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cago, and in some high-end fashion stores like Takashimaya in New York City.

Stevens said she believes sometimes people misunderstand her work because of their preconceived ideas about metals.

"They say 'Oh, it must be a weapon,' or 'You have to be super careful with it," Stevens said. "But when you see the whole collection, it's pretty cool."

Besides her handbags inherent purpose, some people buy Stevens work as display items. However, Stevens does not see her handbags as pieces of art. The designer has sold pieces to women of all ages, from a teenager who saved her allowance for two years to grandmothers.

Stevens will have a trunk show at 1 p.m. today in the Strohl Art Center.

# Diamond to chronicle extensive evolution of choreography, music

**by Christina Stavale** Staff writer

Throughout the years, choreography has reflected the popular music of every time period. At 3:30 p.m. today in Smith Wilkes Hall, Mark Diamond, associate artistic director of Chautauqua Dance, will chronicle the evolution of choreography and music through the ages in his lecture "Choreographers and Music."

As part of the Chautauqua Dance Circle weekly lecture series, Diamond said he will discuss how choreographers, dating from the Catherine de' Medici court through today, have been inspired by popular music.

As time has moved forward, though, more styles of music meant more options for choreographers.

"In the later 20th century, it wasn't so much what was contemporary music because there were so many styles," Diamond said.

In other works, modern choreography is not necessarily based off one style of music. Diamond said in his own works that he choreographs, he is influenced by dramatic and classical music. But Diamond thinks about his audience, too.

"I also like to use music that would be interesting to the audience," he said.

But sometimes choreographers will choose to choreograph their dances to a lapse of silence.

Diamond said this idea is not unusual these days, and it is usually a choice made by the choreographer for dramatic effect.

Diamond was a former soloist for the Hamburg Ballet, and he was a principal dancer with the Milwaukee Ballet. Through all his work as a dancer, he said he "absolutely, always wanted to choreograph."

In addition to his work with Chautauqua Ballet Company, he also is a teacher and choreographer for the North Carolina Dance Theatre.

He said he hopes people will leave his lecture with knowledge of choreographers they may not have heard of before and an understanding of the music they are influenced by.



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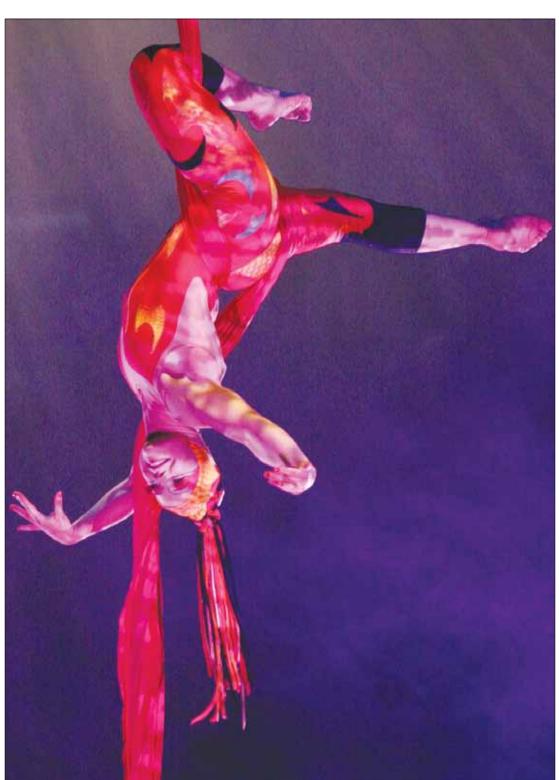


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# PROGRAM



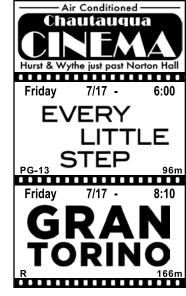
### Friday, July 17

- 7:00 (7:00–11:00) Farmers Market
- (7:15-8) Mystic Heart Meditation. Leader: Paul Bloom (Zen Buddhism). Hultquist Center
- 7:45 Episcopal Holy Eucharist. The Rev. Perry T. Fuller, Diocese of Southeast Fla. Chapel of the Good Shepherd
- 8:00 Morning Meditation. (Sponsored by Unity of Chautauqua.) Hall of Missions
- 8:45 Catholic Mass. Chapel of the Good Shepherd
- 8:55 (8:55-9) Chautauqua Prays for Peace. Hall of Philosophy Grove
- Nature Walk. (Programmed by the Chautauqua Bird, Tree & Garden Club) Iack Gulvin, BTG naturalist. Meet under green awning at Smith Wilkes Hall
- 9:00 (9:00-10:15) Men's Club. Carol Rausch, Music Administrator/Chorus Master, Chautauqua Opera Company. (Programmed by the Chautauqua Women's Club) Women's Club
- 9:15 DEVOTIONAL HOUR. The Rev. Jon M. Walton, senior pastor, First Presbyterian Church, NYC.
- Amphitheater 9:15 Class. "The Bible Decoded." Rabbi Zalman Vilenkin. Chabad Lubavitch of Chautauqua. Alumni Hall Library Room
- 10:15 Service of Blessing and Healing. UCC Chapel
- 10:45 LECTURE. "An Unquiet Mind." Kay Redfield Jamison, professor of psychiatry, Johns Hopkins University School of Medicine. Amphitheater
- 12:00 (noon-2) Mushroom Sandwich Sale. Sponsored by Bird, Tree and Garden Club. Patio behind Smith Wilkes Hall
- 12:00 (noon-2) Flea Boutique. (Sponsored by Chautauqua Women's Club). Behind Colonnade



- 12:10 Catholic Mass. Chapel of the Good Shepherd
- 12:15 (12:15-1:15) **Brown Bag** Lunch/Lecture. (Programmed by the Writers' Center) "The Novel of Ideas in the Age of Entertainment." Yael Goldstein Love, prose writer-in-residence. Alumni Hall porch.
- 12:15 (12:15-1:30) **Brown Bag** Lunch/Talk. (Sponsored by the Chautauqua Chapter of Parents, Families and Friends of Lesbians and Gays and the Metropolitan Community Church) "Understanding My Transgender Life." Helen Waldher. Chautauqua Women's Club.
- 12:45 Chautauqua Catholic Community Seminar. "The Art of Calligraphy." Rev. Benjamin Fiore, S.J., president, Campion College/ University of Regina. Methodist House Chapel
- Jum'a/Muslim Prayer. Miller Bell Tower
- (1-5) **Exhibition.** Trunk 1:00 show by purse artist Wendy **Stevens.** Strohl Art Center
- 1:15 Opera Guild Master Class. Marlena Malas, presenter. Fletcher Music Hall. Fee
- 2:00 INTERFAITH LECTURE SERIES. Andrew Newberg, M.D., professor, University of Pennsylvania; author, How God Changes Your Brain. Hall of Philosophy
- 2:00 Violin Master Class. (School of Music). Ilya Kaler, presenter. McKnight Hall. Fee
- **Public Shuttle Tours of Grounds.** Leave from Main Gate Welcome Center. Fee. (Purchase tickets at Main Gate Welcome Center.)
- 2:30 Piano Master Class. (School of Music). Rebecca Penneys, presenter. Sherwood-Marsh Studios.

- 3:30 Chautauqua Heritage **Lecture Series.** "The Trunk Project." Students of Chautauqua Lake Central School. Athenaeum Hotel lobby
  - 3:30 Dance presentation. "Choreographers and Music." (Programmed by Chautauqua Dance Circle.) Mark Diamond, associate artistic director, Chautauqua Dance. Smith Wilkes Hall
  - 4:00 NEW PLAY WORKSHOP. Rx by Kate Fodor. Postperformance discussions with author, director and cast. Bratton Theater (Reserved seating; purchase tickets at Main Gate Welcome Center, Colonnade lobby, Turner Community Center ticket offices, and 45 minutes before curtain at the Bratton kiosk.)
  - 4:00 Public Shuttle Tours of **Grounds.** Leave from Main Gate Welcome Center. Fee.
  - 4:15 Purple Martin Chat. (Programmed by the Chautauqua Bird, Tree & Garden Club) Jack Gulvin, BTG naturalist. Purple Martin houses next to Sports Club







A Cirque Sublime aerialist (left) performs mid-air contortions on hung silks and a performer (above) rides a bicycle backwards during the troupe's Wednesday night show in the Amphitheater.

- 5:00 (5-5:45) **Hebrew Congregation Evening Service.** "Kabbalat Shabbat: Welcome the Sabbath." Service led by Rabbi Samuel Stahl. Shabbat dinner follows at 6:30. Miller Bell Tower (Pier Building in case of rain)
- 6:00 (6-7:45) Chautauqua Choir Rehearsal. All singers welcome. (Two rehearsals required to sing at Sunday worship services.) Elizabeth S. Lenna Hall
- 7:00 Visual Arts Lecture Series. Craig Taylor, painter, studio faculty, Pratt Institute; critic, Rhode Island School of Design. Hultquist Center
- 8:15 SPECIAL. ABBA, The Music. Amphitheater

# Saturday, July 18

- 7:00 (7:00–11:00) Farmers Market
- 8:45 Catholic Mass. Chapel of the Good Shepherd
- 9:00 Chautauqua Property **Owners Association** General Meeting. Hall of Philosophy
- **Hebrew Congregation** 9:30 Sabbath Service. Rabbi Samuel Stahl, emeritus Temple Beth El, San Antonio, Texas. John Myers, cantorial soloist. Jared Jacobsen, organ accompanist. Hurlbut Church
- 9:30 Chabad Lubavitch **Community Shabbat**

- Service. Rabbi Zalman Vilenkin, Kiddush will follow. Everett Jewish Life Center
- 9:30 (9:30-4:30) **Annual Antiques** Show and Sale. Benefits Chautauqua Women's Club. Turner Community Center
- 10:00 Chautauqua Institution **Board of Trustees Open** Forum. Hall of Philosophy
- 12:00 (12:00-2:30) Social Bridge (Programmed by the Chautauqua Women's Club) For men and women. Women's Club.
- 2:00 Public Shuttle Tours of Grounds. Leave from Main Gate Welcome Center. Fee. (Purchase tickets at Main Gate Welcome Center.)
- 2:00 Student Recital. McKnight Hall. (Benefits the Chautauqua Women's Club Scholarship Fund.)
- 2:15 NEW PLAY WORKSHOP. Rx by Kate Fodor. Postperformance discussions with author, director and cast. Bratton Theater (Reserved seating; purchase tickets at Main Gate Welcome Center, Colonnade lobby, Turner Community Center ticket offices, and 45 minutes before curtain at the Bratton kiosk.)
- 3:00 LECTURE. (Programmed by Chautauqua Women's Club). "Safe Money in Tough

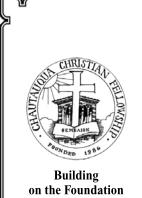
- Times." Jonathan Pond, Emmy Award-winning expert on investing and personal finance. Hall of Philosophy
- **Public Shuttle Tours of Grounds.** Leave from Main Gate Welcome Center. Fee. (Purchase tickets at Main Gate Welcome Center.)
- 5:00 Catholic Mass. Hall of Philosophy
- 6:00 (6-7:45) Chautauqua Choir Rehearsal. All singers welcome. (Two rehearsals required to sing at Sunday worship services.) Elizabeth S. Lenna Hall
- 6:45 Pre-Chautauqua Symphony Orchestra Concert Lecture. Lee Spear. Hurlbut Church Sanctuary

8:15 CHAUTAUQUA

- **SYMPHONY** ORCHESTRA. Uriel Segal, guest conductor. Roger Kaza, horn (principal of the CSO); Carl Halvorson, tenor. Amphitheater
- Serenade for Tenor, Horn and Strings, Op. 31 Benjamin Britten
- Symphony No. 3 in A Minor, Op. 56, "Scottish" Felix Mendelssohn

# **PROGRAM PAGE CHANGES**

Please submit 3 days before publication by 5 p.m.



Bless those who persecute you; bless and curse not. Rejoice with those who rejoice, and weep with those who weep. Be of the same mind toward one another; do not be haughty in mind, but associate with the lowly. Do not be wise in your own estimation. Never pay back evil for evil to anyone. Respect what is right in the sight of all men. If possible, so far as it depends on you, be at peace with all men.

Romans 12: 14-18



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\*\* Transformers 2: \*\* **Revenge of the Fallen** (PG-13) Daily (11:45, 3:10), 6:20, 9:20

The Proposal (PG-13)

Daily (12:00, 2:00, 4:10), 6:30, 9:00 \*\* Harry Potter and the \*\*

**Half Blood Prince** (PG) TWO SCREENS
Daily (11:40, 12:00, 2:50, 3:10), 6:10, 6:30, 9:15, 9:35

Public Enemies (R)
Daily (1:15, 4:05), 7:00, 9:40

ICE AGE 3 (PG)
Presented in Real - D 3D/NO PASS Fri, Mon-Thurs (1:30, 4:00), 6:30, 8:45 Sat-Sun (11:15, 1:30, 4:00), 6:30, 8:45

Love You Beth Cooper (PG-13) Daily (12:15, 2:30, 4:45), 6:50, 9:05

**BRUNO** (R)
Daily (1:15, 3:15, 5:15), 7:15, 9:15 CINEMAS I & II Chautauqua Mall 318 Fairmount Ave. Movie Information 763-1888

**UP** (PG) Daily (1:45, 4:15)

\*\* The Hangover (R) \*\* Daily (1:45, 4:15), 7:00, 9:15

\*\* My Sister's Keeper \*\* (PG-13) Daily 7:00, 9:15



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